

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL £1.20	CHICKEN SAUSAGE PASTA BAKE	CHICKEN & SWEETCORN PIE	ROAST CHICKEN	LAMB BOLOGNESE	BREADED FISH CAKES
VEGETARIAN MAIN MEAL £1.20	QUORN MEATBALLS IN TOMATO SAUCE	CHEESE & BEAN PUFF	ROASTED QUORN FILLET	VEGGIE MINCE BOLOGNESE	MUSHROOM STROGANOFF
SIDES 50P EACH	RICE	POTATO WEDGES PEAS	ROAST POTAOES VEGETABLES	PASTA	CHIPS RICE
STREET FOOD £2.20	CAJUN CHICKEN IN A FLAT BREAD	SPICY BEEF BURRITOS WITH FRESH SALSA & SPICY RICE	TEX MEX CHICKEN TACO WITH ASIAN SLAW	THAI GREEN CHICKEN CURRY TORTILLA BOWLS	ONION BHAJI FLATBREAD WITH SWEET CHILLI 'SLAW
TAKEAWAY TUBS £2.20	MEATBALLS ITALIANO	VEGETABLE CHOW MEIN	CHICKEN ALFREDO	CHILLI BEEF NACHOS	CHEESE & CHIPS WRAP (V)
	PENNE ARRABIATA (V)	ONION BHAJI WITH MINT SAUCE (V)	SPAGHETTI POMODORO	MAC 'N' CHEESE (V)	CHEESE & TOMATO PASTA (V)
BUDGET BUSTERS FROM 65P	PETIT PAINS CHEESE, EGG MAYO, TUNA	BBQ SAUSAGE PITTAS	CHEESE & BEAN MELT	ASSORTED SAMOSAS	PIZZA MELT
PIZZA SLICE £1.45	MARGHERITA (V)	SWEET CHILLI CHICKEN	MARGHERITA (V)	TOMATO, GREEN CHILLI, PEPPERONI	MARGHERITA (V)
	SPICY CHICKEN	MARGHERITA (V)	AMERICAN HOT	MARGHERITA (V)	BBQ CHICKEN
JACKETS	WITH 1 FILLING £1.50, WITH 2 FILLINGS £1.95				
MEAL DEAL DESSERTS 90p	STEAMED TREACLE SPONGE & CUSTARD	GOLDEN SPONGE	BANOFFEE PIE	APPLE TURNOVER WITH CUSTARD	BAKEWELL TART & CUSTARD

Meal Deal

Main Meal with Vegetables and Dessert



£2.45

All of our Main Meals, Sandwiches & Desserts are Freshly Made on Site Every Day

